

DANCE CLASSES

1 YR 6MO- 3YR BALLET/TAP/JAZZ with parent

Mon 9:00 Kristy AVI
 Mon 10:05 Kristy AVI
 Mon 3:00 London AVI
 Tue 9:00 Kristy AVI
 Tue 10:05 Kristy AVI
 Wed 3:35 London AVI
 Thu 5:00 London AVI

Sat 9:00 Shelby AVI
 Sat 9:00 London PCH
 Sat 9:50 Bethany AVI
 Sat 9:35 Collyn PCH



2 YR 6MO- 3YR 6MO BALLET/TAP/JAZZ w/o parent

Mon 9:30 Kristy AVI
 Mon 10:35 Kristy AVI
 Mon 3:30 London AVI
 Tue 9:30 Kristy AVI
 Tue 10:35 Kristy AVI
 Tue 4:25 London AVI
 Thu 3:35 London AVI

Thu 5:35 London AVI
 Sat 9:30 Collyn PCH
 Sat 9:00 Kat AVI
 Sat 9:35 Kat AVI
 Sat 9:35 Shelby
 Sat 9:35 Madelynn AVI
 Sat 10:25 London PCH

DANCE CAMP!

More info on Back!

Hip Hop
 Jazz
 Jumps & Turns
 Tumbling
 Yoga
 Technique
 Cheer
 Musical Theater

3 YR 6MO - 4 YR 6MO BALLET/TAP/JAZZ

Mon 4:05 London AVI
 Mon 4:55 Kristy AVI
 Wed 4:10 London AVI
 Wed 5:00 Kristy AVI
 Thu 4:10 London AVI

Sat 9:00 Bethany AVI
 Sat 9:35 London PCH
 Sat 10:10 Kat AVI
 Sat 11:00 Madelynn AVI

4 YR 6MO - 5 YR 6MO

BALLET /TAP/ JAZZ

Mon 3:15 Kristy AVI
 Tue 5:00 London AVI
 Wed 5:50 Kristy AVI
 Thu 6:10 London AVI

Sat 10:10 Shelby AVI
 Sat 11:00 London PCH

HIP HOP Jr 4.5-6.5yrs

Mon 4:55 Londonn AVI
 Mon 5:45 Kristy AVI

Wed 4:10 Kristy AVI
 Sat 11:00 Kat AVI

5 YR 6MO - 7 YR 6MO

BALLET /TAP/ JAZZ

Mon 4:05 Kristy AVI
 Tue 5:50 London AVI
 Sat 10:10 Madelynn AVI

Sat 10:10 Collyn PCH
 Sat 11:00 Shelby AVI

HIP HOP Jr 4.5-6.5yrs

Mon 4:55 Londonn AVI
 Mon 5:45 Kristy AVI

Wed 4:10 Kristy AVI
 Sat 11:00 Kat AVI

6 YR 6MO - 10 YR 6MO

BALLET /JAZZ

Mon 5:45 London AVI
 Tue 4:00 Collyn AVI
 Sat 11:15 Bethany AVI

HIP HOP

Mon 6:35 Kristy AVI
 Tue 4:50 Collyn AVI
 Wed 5:50 London AVI

HIP HOP PRETEEN - TEEN

HIP HOP TEEN

Mon 6:35 London AVI Wed 6:40 Kristy AVI

BALLET PRETEEN - TEEN

BALLET/JAZZ TEEN

Tue 6:40 London AVI

BALLET III

Tue 5:40 Collyn AVI Wed 4:00 Josh AVI

BALLET IV & POINTE BEG

Mon 6:20 Josh AVI Wed 6:25 Josh AVI

POINTE INT- ADV

Mon 5:00 Josh AVI Wed 5:00 Josh AVI

JAZZ PRETEEN - TEEN

BALLET/JAZZ TEEN

Tue 6:40 London AVI

JAZZ & CONTEMPORARY III- IV

Tue 6:40 Collyn AVI Thu 4:00 Collyn AVI

JAZZ & CONTEMPORARY IV - Accelerated

Mon 5:00 Collyn AVI Thu 5:10 Collyn AVI

JAZZ & CONTEMPORARY Accelerated - Elite

Mon 6:20 Collyn AVI Wed 6:25 Collyn AVI

MUSIC LESSONS

PRIVATE MUSIC LESSONS

We offer music lessons for all ages including adult!

Students age 7 and above are usually ready for a private music lesson (Violin, Piano & Guitar Jr begin at 4 ½)

Call us today to try a single lesson and our teachers can determine if they are developmentally ready to begin private music lessons.

PIANO min 4 ½ yrs

Mon Athena Jonny Noelle AVI
 Tue Jonny Sofia Athena Mahsa AVI
 Wed Jonny AVI
 Thu Mahsa Noelle AVI

VOICE min 7 yrs

Mon Jonny Athena Noelle AVI
 Tue Jonny Athena Sofia AVI
 Wed Jonny AVI
 Thu Noelle AVI

GUITAR & BASS min 4 ½ yrs

Mon Greg AVI
 Tue Greg AVI
 Wed Greg AVI
 Thu Kazuki AVI

VIOLIN min 4 ½ yrs

Back for '25 - '26 school year

DRUMS min 7 yrs

Tue Gerry AVI



REQUEST YOUR OWN DANCE CLASS

Dance with your friends!
 Request a time for you and your friends!

DANCE CAMPS & INTENSIVES

Check out our dance camps on the back!

PRIVATE DANCE

Work on your dance skills by adding a semi-private or 1:1 time!

UPCOMING DATES:

Jun 6-8	Dance Recitals
Jun 15	Music Recital
Jun 23	Last Day '24-'25 Year
Jun 24-Jul 6	Privates & Ballet Camp
July 7-Aug 9	Summer Classes & Camps
Aug 18	"24-"25 School Yr Begins

DANCE CAMPS & INTENSIVES

ALL IN ONE DANCE CAMPS **ALL AGES**

Celebrating our 25th annual dance camps this summer! Our most popular camp!

All 5 weeks were wanted last summer so we are bringing you all 5 weeks again!

Each week is different for all you camp lovers that take more than 1 week!!!

Dancers will be separated by age and level.

All camps end with a performance for family and friends!

All Camps dance & sing to songs from Broadway favorites like *Wicked* to today's icons *Taylor Swift* & *Ariana Grande*

Hip Hop- Jazz - Jumps & Turns- Tumbling- Yoga- Technique- Cheer – Musical Theater

Teachers:

Collyn London Asha Bethany Kat Madelynn

3.5-5.5yrs

Minis

Mon-Fri 9:15am-11:15am

Week of Jul 21 - Jul 28

4-6.5yrs

Juniors

Mon-Fri 9:30am-1pm

Week of Jul 7 - Jul 14 - Jul 21 - Jul 28 - Aug 4

6-8.5yrs

Seniors

Mon-Fri 9:30am-1pm

Week of Jul 7 - Jul 14 - Jul 21 - Jul 28 - Aug 4



CREATE A **CAMP!**

Families have the option to create their own camp in a particular week! Let us know your preferred week!



BALLET INTENSIVE **8 YR – Teen**

Give your dancer an incredible experience!

Have them gain flexibility, push to the next level and have tons of fun!

Classical, character, contemporary, variations, and modern!

Will conclude with a showcase!

Open to all dancers that have completed their first year in Ballet III thru Adv Pointe.

June 23-June 27 9am-3pm



JAZZ INTENSIVE **7 YR – Teen**

Dedicate a week to focus on your flexibility, jumps & overall dance technique with your fellow training dancers.

Groups will be separated by age and skill.

Open to dancers that have completed their first year in Ballet I Jazz I thru Advanced Elite

Contemporary Conditioning
Stretch Ballet Acro & Technique

Aug 4-8 10am- 3pm Mon-Fri



SUMMER TUITION

Music Lessons

30 min \$49 per

45 min \$73.50 per

60 min \$96 per

Dance Classes

30 min \$21.25 per

45 min \$34 per

50-80 min + varies

Dance Camps non refundable after 5-15

All In One Mini \$249

All In One Jr & Sn \$434

Jazz Intensive \$698

Ballet Intensive \$790

Dance Privates 30 min 1 student \$59 / semi-privates vary please inquire

Summer lessons & classes are single rates – Multi-class discounts are offered in our school year

**REBECCA JACKSON** *Joined SDM in Sep 2007*

Rebecca graduated from LMU in 2007 with a BA in dance, and in 2017, graduated from CSULB with her MA in dance. She has been dancing since the age of four and has a strong background in ballet, tap, jazz, pilates and is a certified yoga instructor. Rebecca has performed in many dance concerts, parades and special events with Disney. She was a scholarship intern at the Broadway Dance Center in New York City and has been teaching for competitive dance teams since 2007.

**JESSICA TORRES** *Joined SDM in Jan 2012*

Jessica is a choreographer, lecturer, director, film maker & dancer. She received her MFA in Dance from UCI, her MaEd at UOP, & her BA at LMU. Jess is currently Adjunct Faculty at Chapman Univ & LB City College, and directs her own company. She was Senior Lecturer at LMU for years, and is master teacher/ballet director at the SDM. She has taught at UCI, AMDA, Cal State LA, POPs, APA, ACDA, and international master classes. Jessi has received many awards over the years but her best creations are her 2 daughters.

KRISTY FLORES *Joined SDM in Jul 2013*

Kristy was born in the Bronx, N.Y. from immigrant parents. She started dancing at the age of two and singing at the age of four. In high school she choreographed for her dance team and performed in school plays. Since graduating high school with honors, her career led her to travel all across the globe. She has performed in competitions, festivals and has been seen in films such as MGM's remake of Fame, You Got Served and Beat the World. The arts have always been an outlet in her life and she is so excited to be a part of our SDM family as a very beloved instructor and the Director of SDM Hip Hop company.

**JESSICA WIERZBA** *Joined SDM in Jul 2014*

Jessica starting training at age of four. She began her training as one of Lee Strasberg Theatre Institute's youngest students and continued training at Westside School of Ballet and starting competing at 7yrs old. S She earned her B.F.A. in Musical Theatre from Emerson College and also worked to choreograph some of Emerson's Main Stage productions. Jessica works as a recording artist and is an active member of the Road Theatre Company in North Hollywood and a member of the Screen Actor's Guild. Credits include Pitch Perfect, Hot Tub Time Machine 2, Netflix's Daredevil and Flaked. Her greatest joy is sharing her love of the arts with the next generation.

**JOSHUA BROWN** *Joined SDM in Feb 2019*

Joshua started his dance training in New Zealand. After getting 2nd place at the largest ballet competition in the southern hemisphere, he toured professionally throughout England, Germany & the US. After graduating the School of American Ballet he danced with Miami City Ballet School and then joined LA Ballet as a soloists and also joined American Contemporary Ballet. He continues guest performing and has been not only teaching ballet but also specializes in strength & conditioning not only for dancers but in-home seniors as well.

**KAYLA ROSE** *Joined SDM in Aug 2021*

Kayla started learning ballet from her mom at age three. She graduated with her BFA in Dance Theater from AMDA in 2014. Since then, she has traveled worldwide performing for Royal Caribbean, Doll Face Dames, and more. Kayla has studied all types of dance but her favorite is ballet, contemporary, pointe, jazz, and lyrical. You might even catch her performing around LA!

LONDON LANE *Joined SDM in Jan 2022*

London has performed in many dance concerts, musicals, and toured with Tremaine. She was a member of Humphrey's School of Musical Theatre. She graduated in the spring of 2019 with a Bachelor of Fine Arts for Acting in Film and Television. She has performed at multiple venues, danced in music videos & appeared in film and television. She also choreographed, directed and produced multiple dance films or music videos. Be sure to check her out in the DISNEY online series entitled 'SHOOK'.

**LAUREN BRAMLETT** *Joined SDM in Aug 2022*

Lauren is a dancer and choreographer based in Orange County who grew up training at KJ Dance in Plano, TX. She pursued a BFA in Dance Performance at Chapman University. She has performed with SoulEscape the Company at El Portal, the Dallas Dance Festival, and for Julianne O'Brien at the 8th Annual Evans/Williams Somatic Dance Conference and Festival. She discovered her passion for teaching in high school when she began working with young dancers and loves to share the joy that dance brings.

**COLLYN TAYLOR** *Joined SDM in Jul 2023*

A native of Hernando, Mississippi, Collyn Rose Taylor first stepped onstage at the tender age of two. Dance, choir, band, color guard, theatre, commercials, and modeling - she poured herself into every performance opportunity while growing up. Collyn attended the University of Southern Mississippi, majoring in dance performance and choreography. She relocated to Los Angeles to expand her studies at AMDA College of the Performing Arts, where she trained under the expert guidance of Broadway professionals in musical theatre, dance, voice, and acting, earning her BFA.



MEGAN HIGAKI *Joined SDM in Mar 2013-2019 and now came back Aug 2024* Megan is originally from the Bay Area where she began her ballet training. She further pursued dancing at the University of California, Irvine, obtaining a B.A. in Dance, with a minor in Education. She has performed with Peninsula Ballet Theatre and Menlowe Ballet and has been featured in works by Pavel Zustiak and Patrick Corbin. Megan has always loved helping young dancers achieve new levels of success and believes that each dancer has their own unique journey.

SHELBY WIECZOREK *Joined SDM in Mar 2024*

Raised in Las Vegas, she spent her youth as a competitive dancer training in ballet, jazz, tap, modern, pointe, & contemporary. After she graduated from the Las Vegas Academy for the Performing Arts where she studied Horton and Graham technique, she went on to receive her BA in both Dance & Advertising at the University of Oregon. She continued at the USC where she received a Masters in Communication Management. She has performed at the Univ of Oregon, Portland Trail Blazers NBA games, NCAA Tournaments, and at Oregon Ducks football games. Shelby is excited to shape the next generation of dancers by empowering them to shine.



KAT KALAMARAS *Joined SDM in Aug 2024* Kat, originally from Chicago, grew up a bunhead studying at Judith Svalander School of Ballet. After also studying with the Joffrey Ballet, she received her BA in Dance Performance. at Alma College in Michigan. She danced professionally several ballet and contemporary companies, managed a ballet program at Sarasota Dance & Onyx Ballet Studio where she was head choreographer for YAGP & UBC. From being a model for Bloch's split pointe shoe, dancing in lead roles from Swanhilda to the Sugar Plum Fairy, Kat stays busy by offering master classes nationally while still performing. She has taught children for the past 10 years and is excited to continue her passion in her new home at SDM!

**ASHA FLUELLEN** *Joined SDM in Sep 2024*

Asha began dancing at eight years old in Philadelphia, she studied ballet, Horton technique, Graham technique, Luigi technique, Latin ballroom, and contemporary. She continued training at Koresh Dance Company. She has danced with the many companies, Koresh Youth Ensemble, Project 31, Pantos Project Dance, Boston Dance Theatre, and the Emerson College Cheerleading Squad. She has taught the following styles, lyrical, contemporary, Graham technique, Luigi technique, ballet, pointe, and jazz-funk, & is excited to share the happiness that dance brings!

**BETHANY MASTEN** *Joined SDM in Oct 2024*

Bethany began dancing at age 7 in Sacramento, CA. In her early years she studied classical ballet and began incorporating training in other styles such as Jazz, contemporary, hip hop, lyrical, tap, and more. She has performed in the Sacramento Ballet Co's Nutcracker and danced as an NBA dancer for the Stockton Kings and for the Sacramento Kings. She performed professionally in Sacramento including Sac Dance Co, and Sacramento Contemp. Dance Theatre. She began teaching at age 16, has taught all ages and styles, and is so excited to be teaching at SDM!

MADELYNN BROWN *Joined SDM in Dec 2024*

Madelynn is from a rural town in northern Connecticut and grew up training at a competitive dance studio. She attended the Greater Hartford Academy of the Arts for high school, and graduated from the Boston Conservatory with a B.F.A in commercial dance in 2024. Madelynn danced as a soloist with Garet & Co contemporary dance company for three seasons, performing in New York City, Philadelphia, Hartford, and more. She loves sharing her passion for dance with others through performance and teaching, and has been doing so for many years.

**LUNA WEINTRAUB** *Joined SDM in Apr 2025*

As a young student, she attended several intensives, including those at American Ballet Theater, Orlando Ballet, and Ballet West. Luna went on to attend California State University, Long Beach, where she graduated summa cum laude with a Bachelor of Science in Dance Science. Luna also trained with the Los Angeles Ballet and had the opportunity to perform in *Sleeping Beauty* and *The Nutcracker* in various theaters in Los Angeles. Luna has shared her passion for dance at several ballet studios and is committed to helping dancers reach their full potential, both athletically and creatively, by combining her diverse training and knowledge in movement & science.

**SASHA SERDYUKOV** *Joined SDM in Apr 2025*

Sasha is a movement artist based in Los Angeles that loves to tell authentic stories and provoke heartfelt emotions in audiences. Sasha has worked in the commercial, concert, and theatrical realms of dance not only performing as a member but also recently begun her choreographic journey, developing original works for stage and film as well. She Sasha received their BFA in Dance Theatre from AMDA College and Conservatory of the Performing Arts, and is currently pursuing their MA in Clinical Psychology from Pepperdine University. Above all, working with kids is one of her greatest joys.

**GREG WISHON** *Joined SDM in Jun 2005*

Gregory plays over 30 instruments professionally including Sitar. Greg is passionate about guitar and bass and has been playing over 24 years. He studied with brilliant musicians such as Scott Henderson, Mike Stern and Victor Wooten before graduating from Musicians Institute: Guitar Institute of Technology. Greg has recorded or performed with Wu Tang, Ice Tea, the Black Eyed Peas, Kid & Play, Slick Rick, Coolio, Pharcyde and Patrick Moraz (Moody Blues). Greg lives in the South Bay with his family, and continues to perform locally on a regular basis.

GERRY DOOT *Joined SDM in Jul 2010*

Gerry started his musical journey at the age of 10, and later taught 1:1 drum lessons at a music school in Fremont, CA. He graduated from San Jose State University with a Theater Arts emphasis. After playing in numerous bands in the San Francisco Bay area, Gerry took a chance to explore his musical options in Los Angeles. There he was swooped up by the pop/rock band "Letters Burning" with whom he recorded an album and played the Vans Warped Tour and also started a funk/ soul/rock/hip hop band "Ginger," in which he still plays & records albums.

**ATHENA MURPHY** *Joined SDM in Aug 2016*

Athena learned to read music before she could read English. Over the past twenty-three years of teaching piano, voice and guitar, she has worked individually with over 3500 kids and adults who have learned musical skills, performance technique, and most importantly, how to love playing an instrument for life! She's great at using neuroscience to help students tap into the innate musical skills they already have and how to apply that to an instrument. She has a Bachelor of Arts in Jazz/Commercial Piano performance (and a Minor in Opera!) and has performed professionally since 1988.

**MAHSA JARAHZADEH** *Joined SDM in Apr 2017*

Mahsa is a talented pianist and teacher specializing in Classical and Contemporary music. Mahsa studied at Azad University of Tehran in Iran where she earned her Bachelor's degree. She has worked internationally as a private piano instructor in the U.S. and around the world, teaching piano. She has the ability to communicate well, teach patiently, and keep her students organized and motivated to reach their potential and encourages students to participate in music recitals. She currently resides in Los Angeles where she continues her work as a musician, playing and teaching whenever she can.

**FAITH BENFORD** *Joined SDM in Aug 2018*

Faith is a multi-instrumentalist from Baker, Louisiana who specializes in flute, guitar and voice but piano is her first love. Though she began her career as a church musician, she has moved on to study music therapy and perform music for meditation. Faith studied music therapy at Loyola University in New Orleans with a concentration on piano. She enjoys playing classical, jazz, and popular music and cannot wait to share her lifelong passion for music.

NEAL ROSENFELD *Joined SDM in Oct 2018*

Neal is a multi-instrumentalist with a background in music composition for film and television, a guitarist for an international touring band, and an instructor of 15 years for young beginners to college aged students. Neal has been teaching piano, guitar, violin, bass and recording technology and has worked with a number of artists including Ike Willis (of Frank Zappa Band), Bernard Fowler (Black Uhuru), John Mayer and The Doobie Brothers. Neal has a Music Composition B.A. and a Performance A.A. degree from University of South Florida.

**JONNY ROSTAM ABADI** *Joined SDM in Aug 2017*

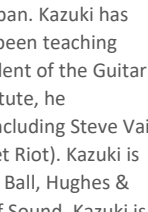
Jonny is a well-traveled singer, pianist, and songwriter. He holds a Bachelor of Music Degree from Berklee College of Music, with a Dual-major in Vocal Performance and Professional Music as well as a minor in Contemporary Conducting. He has extensive experience in performance, writing, arranging, conducting, musical direction, and additionally instructs vocals and acting for with Performing Arts Workshops. Jonny has played with various artists, acted in film and web series, and performed in various venues, including LA's own Mint and Whiskey A Go Go.

**SOFIA OVIEDO- MORENO** *Joined SDM in Jan 2022*

Born in Mexico, Sofia Oviedo a.k.a. "Sofía Élan" is a singer-songwriter, composer, arranger, and graduate of Berklee College of Music. She started teaching music at 17 and worked at music camps in Mexico for 3 years teaching harmony, piano, and voice. She enjoys working with kids and started teaching again after graduating from Berklee. When she's not busy teaching she can be found working on her own music and recently released her debut EP "Yubarta". As an incredibly emotional and existentialist human, Sofia tries to keep a big acoustic sound in her music — simple but intense.

**KAZUKI TOKAJI** *Joined SDM in Jan 2023*

Kazuki is a professional guitarist from Japan. Kazuki has been playing guitar since age 7 and has been teaching professionally the past 5 years. As a student of the Guitar Performance Program at Musicians Institute, he performed with many talented artists, including Steve Vai, Marty Friedman and Chuck Wright (Quiet Riot). Kazuki is Currently endorsed by ESP guitars, Ernie Ball, Hughes & Kettner, Evidence Audio and Anatomy of Sound. Kazuki is excited to share his love of music with his new students.



**NOELLE FORESTAL** *Joined SDM in Aug 2023*

Noelle is a Southern California native and has been performing since age 3. She is an active alum of the L.A. County High School for the Arts, where she also worked with LA Opera. Noelle sings many genres of music including rock, soul, country, opera, jazz, pop, bossanova, blues, musical theater, Irish trad, and indigenous folk music. Noelle has been a certified teacher and licensed director of Music Together® family classes for over ten years. She teaches voice, piano, ukulele, wood flute, belly-dance, & yoga. After living in Austin, Texas and finishing her degree in Theatre & Music from Texas State University, San Marcos, Noelle has returned to enchanting L.A. audiences.

**JOSHUA VALDES** *Joined SDM in Oct 2024*

Joshua, bass-baritone, is a versatile professional opera and choral singer. He has starred in roles like Don Alfonso from *Così fan tutte* (Mozart) and Aeneas from *Dido and Aeneas* (Purcell) and made his Italian debut as Figaro in *Le Nozze di Figaro* (Mozart). Outside of opera, he has participated in award-winning choirs such as the Seraphic Fire Ensemble Artists Program and the Bob Cole Conservatory of Music Chamber Ensemble. Joshua has performed in a number of prestigious venues, including The Mormon Tabernacle, where he participated in the west coast premiere of Eric Whitacre's "The Sacred Veil" as a member of the BCCM

SDM STAFFERS

**MICHELLE GREEN** *Joined SDM in Jan 2005*

Michelle is our general manager and is a great dance company support for parents as she had her daughter on company for many years when she was younger. She loves relaxing with her dogs Mollie & Annie. Her preferred quote 'Everybody has a Story!' reflects her outlook, while her cherished aspect of SDM is the camaraderie within her SDM family."

**ROCHELLE FARAG** *Joined SDM in Jan 2006*

Rochelle is our school director. She likes jewelry making, crafting, and photography. Among her favorite quotes are 'Do the best you can until you know better. Then when you know better, do better.' and 'Leave people and places better than you found them.' At SDM, she enjoys problem-solving and cherishes the profound connections formed with staff, teachers and families.

MARINA BRACALE *Joined SDM in Feb 2017*

Marina works in our back office. Originally from Italy, the words "rhinestones" & "sequence" helped her learn the English language! She likes reading legal thrillers and listening to music. Her favorite quote is "Carpe Diem" As for SDM, she says that working with the costumes is one of her favorite tasks at SDM and makes her happy.

**JERIL JOSEPH** *Joined SDM in Aug 2023*

Jeril works at our front desk. He likes crafting social media content and playing Fortnite. He deeply cares for his cat Chi-Chu, affectionately known by his legal name, McFlurry. His favorite quote, "If you want something done right, do it yourself," resonates deeply with him. Jeril holds immense appreciation for SDM, all the staffers, and teachers, whose positive energy contributes to creating a welcoming atmosphere at SDM, for which he is truly grateful.

**NANCY ADILI** *Joined SDM in Nov 2023*

Nancy works at our front desk. She finds joy in acting and tending to her Sumbul plant. Her cherished quote is, 'The Lord is my shepherd; I shall not be in want. He restores my soul. He guides me in paths of righteousness.' She considers working with SDM a true blessing and delights in spreading positivity and gratitude to all around her.

**SHEA GLENN** *Joined SDM in Aug 2023*

Shea began her dance training at the age of 5 in Dimondale, Michigan. Shea studied ballet, pointe, musical theater, jazz, hip-hop, acrobatics, contemporary, modern, & lyrical. Upon graduation, trained at Lou Conte Dance Studio, Hubbard Street Dance Center, Visceral Dance Center, and The Joffrey Ballet Chicago. Shea began her dance instructor and choreographer career in 2017. She served as Artistic Director for 2 years at NVarsity Dance Company. Ahe is thrilled to be a part of such an incredible community!

